

St. Mary's Church Lent Reflections 2026

16th-21st March

A reflection for every day of Lent, chosen for you by members of our congregation.

Holy God, Our lives are laid open before you: rescue us from the chaos of sin and through the death of your Son bring us healing and make us whole in Jesus Christ our Lord. Amen.

Monday

*Chosen by Judi
Higton*

Beloved is where we begin. "And as he was coming up out of the water, he saw the heavens torn apart and the Spirit, like a dove, descending on him. And a voice came from heaven, "You are my Son, the Beloved, My favour rests on you." If you would enter into the wilderness, do not begin without a blessing. Do not leave without hearing who you are: Beloved, named by the One who has travelled this path before you."

Jan Richardson, The Painted Prayerbook.

Tuesday

*Chosen by Charlotte
Kenyon*

A gentle answer turns away wrath, but a harsh word stirs up anger.

Proverbs 15:1

Wednesday

*Chosen by Charlotte
Kenyon*

I am of the opinion that my life belongs to the whole community, and as long as I live it is my privilege to do for it whatever I can. I want to be thoroughly used up when I die, for the harder I work the more I live. I rejoice in life for its own sake. Life is no "brief candle" for me. It is a sort of splendid torch which I have got hold of for the moment, and I want to make it burn as brightly as possible before handing it on to future generations.

George Bernard Shaw

Thursday

*Chosen by
Margaret Hyde
Dunn*

O Jesus, I have promised
To serve Thee to the end;
Be Thou forever near me,
My Master and my Friend;
I shall not fear the battle
If Thou art by my side,
Nor wander from the pathway
If Thou wilt be my Guide.

John Ernest Bode

Friday

*Chosen by Howard
White*

The Eucharist isn't theatre. The Eucharist is not a memorial service.....It is a living sacrifice which takes away the sins of the world, for we do not worship a dead Christ, but a living Christ.

Raymond Raynes C.R.

Late Superior of the Community of the Resurrection.

Saturday

*Chosen by Susie
Hindman*

The question is not "How am I to find God?" but "How am I to let myself be found by him?" The question is not "How am I to know God?" but "How am I to let myself be known by God?". And finally, the question is not "How am I to love God?" but "How am I to let myself be loved by God?"

Henri Nouwen
